



PLAN B Study Guide 15 - Racewalking

Study Guide 15– Racewalking

Junior Official Program Study Guidelines

The purpose of the Study Guides in this program are to help you acquire the knowledge needed to be able to understand and create a brief statement of the information that you will need for course completion and future knowledge. You might think of this Study Guide as a mini-outline to the different official positions that are contained in Track and Field competitions. Consider this Study Guide as a condensed version of all of the important information that you will need to complete the Junior Officials Program successfully.

Each Officials duties, skills and behaviors are contained in the 17 Different Study Guides offered in this program. These Study Guides are a combination of

- Adopted USATF 2020 Competition Rules.
- Best Practices (those skills that describe “what works best” in a particular situation or environment). These Study Guides are data supported successes and researched supported over time, as offered by Track & Field officials in the quest for accountability for reliable methods.
- USATF Code of Ethics
- USATF Professional Guidelines

Procedures

Once you have the Study Guide in front of you, do more than just read it. Take the time to look at the material to understand what you will be asked to do. Start by reading the description to formulate a big-picture idea of what your Mentors assessment will look like. Then, review the list of concepts.

Quizzing yourself is a highly effective study technique. Make a copy of the Mentors Checklist and carry it with you to the meets so you can review the questions and answers periodically throughout the day and across several days/meets. Identify the questions that you don't know and quiz yourself on only those questions. Say your answers aloud.

The important skills needed in this Guide correspond to the Learning and Performance Objective numbers that begin with the abbreviation **RW (Race Walk)**. (**RW1 through RW23**)

Ask questions of your Mentors, they are there to answer your questions and guide you to learning and performing as a USATF official.

Good Luck to you on your journey to become a USATF Certified Official!



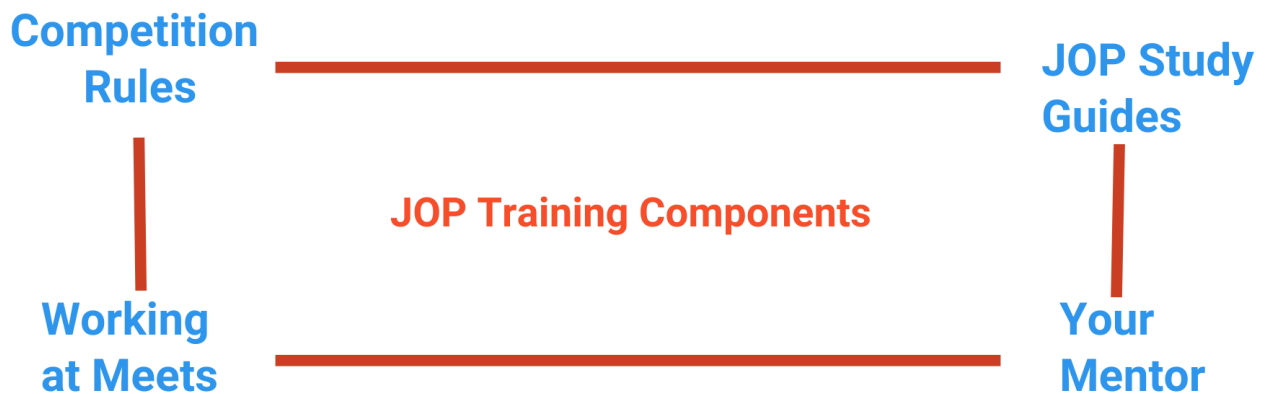
PLAN B Study Guide 15 - Racewalking

This is one of 17 Study Guides available to you. Each Guide covers a different track and field event. You are welcome to review all the guides, but the JOP program would like you and your mentor to **select ten (10)** of these Guides to concentrate on as your primary focus while participating in the JOP program. JOP Participants who are in the program for longer than two (2) years will have the opportunity to experience all of the 17 Study Guides. This will help you prepare for the Officials Association Level that the 3-4 year participants can qualify you to become. You will be evaluated by your mentor on your knowledge of your 10 Study Guide events. Also, an Alternative List of Study Guides will be produced for your furthering your knowledge in your officiating experience.

The content of these Study Guides is primarily drawn from these resources:

- USATF Competition Rules
- Best Practices
- USATF Code of Ethics
- USATF Professional Guidelines

These Study Guides, your mentor, the USATF Competition Rules, and experience working track and field meets are the four key components of the Junior Officials Program.



Your key resource in learning to officiate the Racewalking Event is the USATF Competition Rules Book that has been issued to you for your use. That Rule Book is also on line at this link:

[2020 Competition Rule Book](#)

Racewalking Learning Objectives:

- USATF RULE 230
- Yellow Paddle – Indicating Offense
- Disqualification – Red cards/Red Paddle
- Penalty Zone and time limits (USATF)
- Race Walking Officials
- General Rules



PLAN B Study Guide 15 - Racewalking

- Race Conduct
- Courses and conditions for Walking Events
- Rules for Race Walking Officials Handbook (See Resources)*
 - *Rules of Race Walking
 - *USATF Rules of Competition
 - *Race Walk Officials
 - *Records
 - *Judging Race Walk Events
 - *Duties of the Chief Judge
 - *Procedures for making Race Walking Calls
 - *Red Card Collectors
 - *Duties of the Recorder
 - *Operating the Red Card Posting Board
 - *Umpire Calls
 - *Uniform
 - *Judging Philosophies and Practices
 - *Pit Lane rule (IAAF/WA)

RESOURCES:

Best Practices:

- **Race Walk Officiating Handbook - October 2016 – READ ME! ***
Starts on page 65 of this flipbook.
- Pit Lane Instructions
- Pit lane Time Sheets
- Race Walk Red Cards
- RW Judge Summary Sheet – Road
- RW Judge Summary Sheet – Track
- RW Tally Sheets
- Annual Meeting Clinic
- Exercise for RW Recorder - Road
- Exercise for the Recorder - Track
- Scoring Exercises

All of the above Resources are available at:

<https://www.flipsnack.com/USATF/race-walking-fu5a68mcb/full-view.html>

- USAFT Code of Ethics/ Professional Guidelines
[USATF Code of Ethics and Performance Guidelines](#)

ALSO SEE PLAN A STUDY GUIDE for Specific Forms that are contain in the Learning Objectives above.



PLAN B Study Guide 15 - Racewalking

Further Resources

Race Walking

- RED CARDS for Race Walk Judges, version 16December2019 (Word docx file with multiple options for printing)
- RED CARDS for Race Walk Judges, version 16December2019 (PDF file with multiple options for printing)
- TALLY SHEETS for Race Walk Judges: IAAF STYLE (Word docx file with multiple options for printing)
- TALLY SHEETS for Race Walk Judges: IAAF STYLE (PDF file with multiple options for printing)
- SYLLABUS for COMBINED CLINIC on LDR OFFICIATING and INTRODUCTION TO RACE WALK JUDGING and OFFICIATING 1Aug2019 (Word docx file for printing)
- SYLLABUS for COMBINED CLINIC on LDR OFFICIATING and INTRODUCTION TO RACE WALK JUDGING and OFFICIATING 1Aug2019 (PDF for printing)
- CHIEF JUDGE's DUTIES – card 1August2019 (Word docx file for printing back-to-back)
- Race Walk JUDGING SUMMARY SHEET for the Recorder, TRACK Race (Word docx file)
- This is an example of the Race Walk JUDGING SUMMARY SHEET for the Recorder, TRACK Race (Word docx file)
- Race Walk JUDGING SUMMARY SHEET for the Recorder, TRACK Race (PDF file)
- This is an example of the Race Walk JUDGING SUMMARY SHEET for the Recorder, TRACK Race (PDF file)
- SUMMARY of DQs and TIME PENALTIES for the Recorder to give to the Chief Judge immediately after the race, version 16December2019 (Word docx file)
- SUMMARY of DQs and TIME PENALTIES for the Recorder to give to the Chief Judge immediately after the race, version 16December2019 (PDF file)
- CHIEF JUDGE 100-meter CARD for the Chief Judge to record obvious violation of Rule 232.2 in the last 100 meters of the race, version 16December2019 (Word docx file)
- CHIEF JUDGE 100-meter CARD for the Chief Judge to record obvious violation of Rule 232.2 in the last 100 meters of the race, version 16December2019 (PDF file)
- Race Walk JUDGING SUMMARY SHEET for the Recorder, ROAD Race (Word docx file)
- Race Walk JUDGING SUMMARY SHEET for the Recorder, ROAD Race (PDF file)
- Race Walk JUDGING ASSIGNMENTS, TRACK Race with FIVE JUDGES, 16December2019 version (Word file)
- Race Walk JUDGING ASSIGNMENTS, TRACK Race with FIVE JUDGES, 16December2019 version (PDF file)
- RED CARD ONLY Race Walk JUDGING SUMMARY SHEET for the Recorder, TRACK Race (Word file)
- RED CARD ONLY Race Walk JUDGING SUMMARY SHEET for the Recorder, TRACK Race (PDF file)
- RED CARD ONLY Race Walk JUDGING SUMMARY SHEET for the Recorder, ROAD Race (Word file)



PLAN B Study Guide 15 - Racewalking

- RED CARD ONLY Race Walk JUDGING SUMMARY SHEET for the Recorder, ROAD Race (PDF file)
- RECORDER: This is an exercise to teach officials to be the Recorder for race walking events. This example is for a track race. (PDF with instructions)
- RECORDER: This is another exercise to teach officials to be the Recorder for race walking events. This example is for a road race. (PDF with instructions)
- PENALTY ZONE (formerly called the PIT LANE) TIME SHEET: This is a form used by the Pit Lane Official. See IAAF guidelines for operation of the pit lane. (Word docx file for printing)
- PENALTY ZONE (formerly called the PIT LANE) TIME SHEET: This is a form used by the Pit Lane Official. See IAAF guidelines for operation of the pit lane. (PDF file for printing)
- IAAF Guidelines for Race Walk Judges, including operation of the pit lane. (PDF file for printing)
- PENALTY ZONE (formerly called the PIT LANE) LAYOUT: This is a diagram and explanation of the penalty zone for any distance, updated 31 July 2019. See IAAF guidelines for operation of the pit lane. (docx file for printing)
- RACE WALK Umpire Incident Report for TRACK races – 31Jan2017 Word.docx file
- RACE WALK Umpire Incident Report for TRACK races – 31Jan2017 PDF version



PLAN B Study Guide 15 - Racewalking

REMINDER MAP - Common Learning/Performance Objectives (PO's) for all Junior Official Participants

Mentors will be concentrating on the areas in gray to determine your Checklist and Field of Play Evaluation during and at the end of your individual time-line in the program.

Code of Ethics/Performance Objectives (PO's)	PO #	Assessment Evaluation Criteria (P.O.'s)	PO #
Be fair, consistent, and impartial to ensure equitable treatment for all competitors.	PO1	Arrives on time for meetings and events.	AEC1
Have a thorough knowledge of the rules and procedures for the particular event or position assigned and review them prior to a competition.	PO2	Properly wears officials' uniform; presents a professional appearance.	AEC2
Cooperate with fellow officials to conduct competition in a safe and professional manner. Be courteous and avoid confrontations or making derogatory comments to athletes, coaches, spectators, or other officials.	PO3	Knows and applies rules correctly and consistently.	AEC3
Demonstrate respect and courtesy for other officials. Avoid interfering with duties assigned to other officials or publicly questioning the performance of other officials. Assist in correctly applying rules and support final decisions rendered by chief officials. Provide and accept performance feedback in a positive manner.	PO4	Treats all personnel with respect and professionalism	AEC4
Honor all assignments and agreements made for performance of officiating and support duties.	PO5	Communicates effectively with competitors.	AEC5
Not discriminate against any individual or group on the basis of race, color, religion, gender, national origin, age, or other protected characteristic.	PO6	Stays alert to the competition, potential problems, and the athletes.	AEC6
Not engage in harassment by making unwelcome advances, remarks, or display of materials where such would create an intimidating, hostile, or offensive environment.	PO7	Works well with other officials for success of the crew.	AEC7
Not fraternize with athletes or coaches, provide tips or comments which could be construed as coaching for any athlete, nor cheer for or provide encouragement to particular athletes or teams during a competition.	PO8	Willing to pitch in and help wherever needed or directed.	AEC8
Not use tobacco products while in the field of competition, nor consume alcoholic products before or during a competition.	PO9	Has applicable rule books and necessary personal equipment.	AEC9
Not seek recognition or attention during a competition.	PO10	Correctly and efficiently prepares the venue; maintains safety	AEC10
Conduct an honest self-evaluation after each competition, to identify errors made and areas for improvement; and be receptive to suggestions for conducting events in the best possible manner in the future.	PO11	Conducts complete, accurate briefings for athletes.	AEC11
Comply with the USA Track & Field Officials Code of Ethics	PO12	Effectively manages volunteers	AEC12



PLAN B Study Guide 15 - Racewalking

Be punctual in reporting for assigned officiating duties, including allowing adequate time for venue inspection and set-up prior to the warm-up period and competition.	PO13	Completes event forms properly and neatly	AEC13
Possess the appropriate rule book(s) for the competition.	PO14	Demonstrates good decision-making and problem-solving skills.	AEC14
Possess and maintain appropriate uniform items and wear the national uniform or other dress prescribed by meet management, and be prepared to continue duties in all types of weather.	PO15	Accepts & responds to feedback, contributes to post-event review	AEC15
Inspect assigned venues to ensure the safety of athletes, officials, and spectators. Correct or report apparent or suspected dangers to meet management before beginning a competition.	PO16		
Be calm, positive, and polite. Refrain from dialog with athletes and coaches regarding disputed calls or decisions, and instead refer them to the referee, protest table, or games committee for resolution. Report abusive behavior toward officials to meet management.	PO17		
Not use any electronic or photographic devices, including cell phones, while officiating.	PO18		
Assist in submitting competition results, cleaning the event area, and returning equipment. Before departing the site, determine if any other venues need officiating assistance.	PO19		
Attend periodic training sessions or clinics to maintain or update officiating skills. Assist, as appropriate, in developing and presenting training materials.	PO20		
Keep physically fit, and advise their association or coordinator of officials of physical limitations on their ability to perform any assigned duty.	PO21		
Mentor less experienced officials by sharing information and techniques, demonstrating use of equipment, identifying potential problems or issues and recommending solutions, and encouraging questions.	PO22		
Assist in recruiting new officials.	PO23		
Consider active involvement with the officials' committees of the local association and USATF.	PO24		
Make recommendations for rules changes as appropriate.	PO25		



PLAN B Study Guide 15 - Racewalking

Study Guide 16 – RACE WALKING -Program Learning/Performance Objectives – Mentor Checklist

Participant Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your Initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objectives – Race Walking What the JOP should be able to do or explain...	PO#	Date Completed	Mentors’ Initial
Judges of Race Walking – USATF Rule 230	RW1		
Yellow Paddle – Indicating an offense	RW2		
Disqualification - Red cards/ Red paddle	RW3		
Penalty Zone and time limits (USATF)	RW4		
Race Walking Officials	RW5		
General Rules	RW6		
Race Conduct	RW7		
Courses and Conditions for Walking Events	RW8		
Rules for Race Walking Officials Handbook (RW9 – RW 23)	RW9		
Rules of Race Walking	RW10		
USATF Rules of Competition	RW11		
Race Walk Officials	RW12		
Records	RW13		
Judging Race Walk Events	RW14		
Duties of the Chief Judge	RW15		
Procedures for Making Race Walking Calls	RW16		
Red Card collectors	RW17		
Duties of the Recorder	RW18		
Operating the Red Card Posting Board	RW19		
Umpire Calls	RW20		
Uniform	RW21		
Judging Philosophies and Practices	RW22		
Pit Lane Rule (IAAF)	RW23		

Comments:



PLAN B Study Guide 16 - Racewalking

Study Guide 16 – Racewalk – Mentor Assessment- Field of Play Evaluation

Participant Name _____ Mentor Name _____

MENTORS – All items on this Checklist must be completed during the timeline of the program. Some participants are in the program from one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Checkoff the rating that you give to the JOP Participant, enter the date of completion and enter your initials as a verification that the objective was completed. If you have assigned a rating of Fair* - Please add your rationale to the *Area for Improvement space. *Please submit a copy of this Field of Play Evaluation/Assessment final form with the completion dates and your Mentor signature, to the Association Certification Chairperson or JOP Designee in your Association.* Please make 3 copies -One (1) for your records, one (1)for the Association Chair/JOP Designee, and one (1) to give to the JOP Participant for their records. Hardcopies or electronic copies are acceptable. All Objectives must be met before submission.

Code of Ethics/Professional /Learning Objectives	PO#	Fair* (Check)	Good (Check)	Excellent (Check)	Date Completed	Mentor Initials
1. Arrived on time for meetings and events.	AEC1					
*Area for Improvement (Fair or below):						
2. Maintained a professional appearance.	AEC2	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
3. Knew and applied rules to the event consistently and fairly.	AEC3	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
4. Treated all personnel with respect and professionalism.	AEC4	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
5. Communicated effectively with athletes and other officials.	AEC5	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
6. Always stayed attentive to the competition and potential problems.	AEC6	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
7. Worked well with other officials for success of the crew.	AEC7	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						



PLAN B Study Guide 16 - Racewalking

8. Willingly assisted as needed in other areas.	AEC8	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
9. Provided a venue that ensured safety of athletes, officials, volunteers and spectators.	AEC9	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
10. Prepared the venue correctly and efficiently.	AEC10	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
11. Conducted complete, accurate briefings for athletes.	AEC11	Fair*	Good	Excellent	NA	NA
*Area for Improvement (Fair or below):						
12. Worked effectively with volunteers.	AEC12	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
13. Completed event forms properly and neatly.	AEC13	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
14. Demonstrated good decision-making and problem-solving skills.	AEC14	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
15. Accepted and responded to feedback and attended post-event reviews.	AEC15	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
16. Presentation of JOP Log of meet experiences containing the number of Hours based on age group.	Program Requirement	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						
17. Presentation of Journal or "Briefcase "of acquired materials indicating the participants knowledge of growth over the length of the program.	Program Requirement	Fair*	Good	Excellent		
*Area for Improvement (Fair or below):						

Comments:



PLAN B Study Guide 16 - Racewalking